

How are you supporting healthy connections?

Spinal Nerve and Nutrition

	VERTEBRAL LEVEL	STRUCTURE, ORGAN, OR FUNCTION	STANDARD PROCESS KEY PRODUCTS <small>Products are listed in order of significance with respect to the target body systems and functions.</small>
CERVICAL	ATLAS		
	AXIS		
	C1	Brain/vagus nerve	Neuroplex [®] , Neurotrophin PMG [®] , Hypothalmex [®] , Cataplex [®] G, OPC Synergy [®] , Pituitrophin PMG [®]
	C2	Eyes Auditory nerve	Iplex [®] , Oculotrophin PMG [®] , OPC Synergy [®] Neuroplex [®]
	C3	Teeth Trifacial nerve	Bio-Dent [®] , Biost [®] Neuroplex [®]
	C4	Sinuses Nose	Allerplex [®] , Antronex [®] , Congaplex [®] Epimune Complex
	C5	Mouth (lips) Vocal cords	Cataplex [®] A-C-P, Parotid PMG [®] Thymex [®] , Thymus PMG [®]
C6	Neck glands	Parotid PMG [®] , Thymex [®] , Thymus PMG [®]	
C7	Tonsils Neck muscles, shoulders, upper arms	Epimune Complex Myo-Plus [®] , Myotrophin PMG [®] , Magnesium Lactate [®]	
THORACIC	T1	Thyroid gland	Thyrophin PMG [®] , Cataplex [®] E, Trace Minerals-B ₁₂ [™] , Cataplex [®] F, Iodomere [®] , Paraplex [®]
	T1	Lower arm Upper respiratory (trachea)	Ligaplex [®] I, Ligaplex [®] II, Niacinamide B ₆ , Rumaplex [®] Epimune Complex, Immuplex [®]
	T2	Heart (valves and covering), coronary arteries	Cardio-Plus [®] , Cataplex [®] B, Cardirotrophin PMG [®] , Vasculin [®] , Circuplex [®] , Cellular Vitality, Garlic
	T3	Lungs, bronchial tubes, pleura	Allerplex [®] , Emphaplex [®] , Fen-Gre [®] , Cataplex [®] D
	T4	Breasts Gallbladder	Mammary PMG [®] , Black Currant Seed Oil, Symplex [®] F, Cataplex [®] D A-F Betafood [®] , Cholacol [®] , Choline, Betafood [®]
	T5	Liver	Livaplex [®] , Spanish Black Radish, Hepatrophin PMG [®] , A-F Betafood [®] , Betafood, SP Cleanse [®] , Cruciferous Complete [™] , SP Green Food [®]
	T6	Stomach	Enzycore, Zypan [®] , Betaine Hydrochloride, Multizyme [®] , Gastrex [®]
	T7	Pancreas	Pancreatrophin PMG [®] , Paraplex [®] , Cataplex [®] GTF, Diaplex [®] , Multizyme [®]
	T8	Spleen	Spleen Desiccated (short-term), Spleen PMG [®] (long-term), Immuplex [®] , Epimune Complex
	T9	Adrenal and suprarenal glands	Drenamin [®] , Drenatrophin PMG [®] , Adrenal Desiccated, Paraplex [®]
	T10	Kidneys	Arginex [®] , Renafood [®] , Albaplex [®] , Renatrophin PMG [®] , A-C Carbamide [®]
LUMBAR	T11	Small intestines	Enzycore, Chlorophyll Complex [™] , Okra Pepsin E ₃ , Lact-Enz [®] , Zymex [®] , Zymex [®] II
	T12-L2	Large intestines (colon) Ileocecal valve	ProSynbiotic, Lactic Acid Yeast [™] , Prebiotic Inulin, Whole Food Fiber, Gastro-Fiber [®] , Disodium Phosphate, Fen-Cho [®] , Zymex [®] II Ligaplex [®] I, Ligaplex [®] II
	L2	Abdomen	Chlorophyll Complex [™] , Disodium Phosphate, Fen-Cho [®] , Gastro-Fiber [®] , Whole Food Fiber, Lactic Acid Yeast [™] , Prebiotic Inulin, ProSynbiotic, Zymex [®] II
	L3	Bladder Ovaries Uterus Testicles	Arginex [®] , A-C Carbamide [®] , Renafood [®] Ovatrophin PMG [®] , Ovex [®] , Ovex [®] -P, Symplex [®] F Utrophin PMG [®] Orchic PMG [®] , Symplex [®] M, Orchex [®] , Zinc Liver Chelate [™]
	L4-L5	Prostate Muscles of the lower back, hips, legs, feet	Prostate PMG [®] , Prost-X [™] , Palmettoplex [®] , Zinc Liver Chelate [™] Ligaplex [®] I, Ligaplex [®] II, Myo-Plus [®] , Myotrophin PMG [®] , Glucosamine Synergy [®] , Rumaplex [®]
SACRUM	Cecum	Collinsonia Root	

FOUNDATIONAL SUPPORT*	BONE BUILDING/BONE HEALTH*	ESSENTIAL FATTY ACIDS	DAILY FUNDAMENTALS
<ul style="list-style-type: none"> Catalyn[®]/Catalyn[®] GF Cyrofood[®] Epimune Complex e-Poise[®] Senaplex[®] Trace Minerals B₁₂[™] 	<ul style="list-style-type: none"> Bio-Dent[®] Biost[®] Calcifood[®] Manganese B₁₂[™] Ostrophin PMG[®] Protefood[®] 	<ul style="list-style-type: none"> Calamari Omega-3 Liquid Cod Liver Oil Linum B₆ Tuna Omega-3 Chewable Tuna Omega-3 Oil 	<ul style="list-style-type: none"> Adrenal Health Bone Health General Female Endocrine General Health



Whole Food Nutrient Solutions
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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

This poster is based on the meric system, first described by B.J. Palmer in "The Science of Chiropractic," vol. 2, 3rd ed., published in 1917. The information on the meric system was adapted to show the possible correlation between Standard Process products and the structures, function, and organs of the body. This chart shows some of the integral relationships between the spine, nervous system and body. For simplicity, this chart does not reflect all the structures or paths utilized in nerve transmission. If you have questions, please ask your Doctor of Chiropractic.