

Skinny Chocolate

Ingredients: Cocoa powder, coconut oil, sweetener

Put 1/4 cup cocoa powder into small bowl
add 1/2 cup coconut oil (melted)
Stevia, Honey or Maple Syrup to taste
Stir all ingredients together with a fork

Fill mini muffin cups with whatever you like, raisins, coconut, nuts, etc.

Top with chocolate mixture

Freeze until solidified (about 15 minutes) then move to the fridge if you like it slightly softer

YOU CAN ADD ORGANIC PEANUT BUTTER OR ALMOND BUTTER TO CHOCOLATE MIXTURE IF DESIRED.